

CALENDAR YEAR \_\_\_\_\_

SURFACE RESCUE SWIMMER TRAINING FORM				
EACH LECTURE/PRACTICAL SHALL BE COMPLETED ONCE EVERY 12 MONTHS; MINIMUM 3 PER QTR				
	JAN-MAR	APR-JUN	JUL-SEP	OCT-DEC
1.Level "A" Medical Kit				
2.First Aid 1				
3.First Aid 2				
4.First Aid 3				
5.Mock Trauma Practical				
6.SAR Publications, Instructions, Reports				
7.SAR Procedures				
8.Rescue Swimmer Equipment				
9.Rescue Devices				
10.Rescue Swimmer Hand Signals				
11.Survivor Marker and Locator Devices				
12.Surface Vessel SAR Equipment				
13.Rescue Swimmer Procedures				
14.Parachute Disentanglement Procedures				
15.Rescue Swimmer Life Saving Procedures				
16.Rescue Boat				
17.Surface Swimmer Deployment-Recovery Procedures				
18.Inanimate Object Recovery				
19.Rescue Personnel Occupational Hazards				
Name:	Rate:		SSN:	

**NOTES:**

- (1) A SEPARATE TRAINING FORM SHALL BE USED FOR EACH CALENDAR YEAR.
- (2) ALL ENTRIES SHALL BE A THREE LETTER MONTH DESIGNATOR.  
EXAMPLE: JAN
- (3) MOCK TRAUMA PRACTICAL DEMONSTRATIONS SHALL BE DONE UTILIZING THE  
LEVEL "A" MEDICAL KIT, RESCUE LITTER, AND MOULAGE KIT (IF APPLICABLE).